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## BOOK SUMMARY

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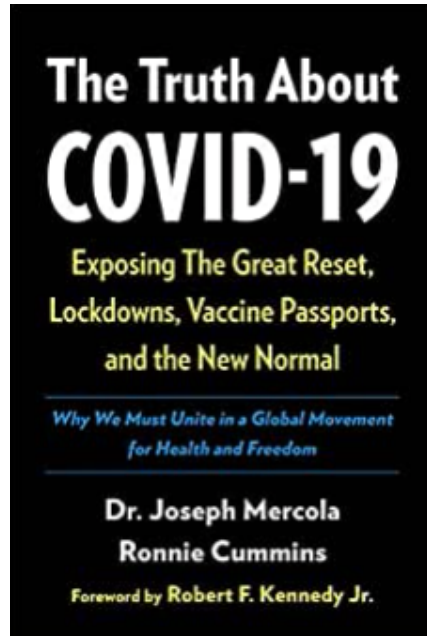
### **"The Truth About COVID-19: Exposing the Great Reset, Lockdowns, Vaccine Passports, and the New Normal**

**Chelsea Green Publishing:2021**  
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**(Paperback)**

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When I was growing up, no-one ever doubted what the newspapers told you and when television entered the world, no-one doubted what the news readers had to say. It never occurred to anyone to doubt those sources. We could rely on them. Until recently. Times have changed. Social media helped all that.

With social media came a vast array of viewpoints 24/7 and you didn't always know where they were coming from or what the source was. Was it "fake news" or "real news"? It became difficult though to know what was faux outrage or a fabricated storyline (ie., false news, misreporting, persuasive information or commentary or just straight lies). Apparently, the term "fake news" for example, had its beginnings back in the 1800s, but it was certainly President Trump who popularised the notion.

Covid-19 is no different. What's real and what's not? Yes, it is a virus and yes, it is causing sickness and death, but is it any worse than a really bad flu or is it something else? In fact, because the stories and reports engendered

heightened fear (and at times panic) in the community and because this virus was considered to be a life or death disease, the news reports were both overwhelming and all encompassing. But what's the truth?

In 2019, amid reports of foreign powers (eg., Russia) infiltrating news outlets in countries like the USA and the UK, the BBC established the "Trusted News Initiative" (TNI). TNI was established to wage war on "fake news". However, TNI now partners with organisations such as Facebook, Twitter, Reuters and The Washington Post. Upon closer inspection though, it appears that TNI in association with its partners, is intent on promoting very specific narratives and silencing any dissenting voices. So, in a nutshell, instead of trusting TNI as a true source, we now need to question the motives of TNI and its members.

Furthermore, Big Tech has taken it upon itself to now censor what doesn't fit their narrative. But who elected them to tell us what to think and do? What happened to democracy? In Vivek Ramaswamy's book, "Woke Inc", he writes that Big Tech's, "exercise of power over the content of public discourse is without precedent in human history." He calls Facebook, Twitter, You-Tube and Google "technology tyrants" and he compares the broad wave of conservative de-platforming to a "Soviet-style purge of political dissent".

Thankfully, to this point in time, books have not yet been censored. And we can still access them.

Hence, books like the one authored by Dr Joseph Mercola (family physician, author and recipient of multiple awards in the field of natural health) and Ronnie Cummins (founder and director of the non-profit Organic Consumers Association) seek to provide a considered perspective, but certainly challenge the overarching narratives about Covid. Needless to say, an internet search will show that any number of sites will seek to discredit both authors. Apparently, that's what happens now when you speak out. There is no debate now. No discussion. No free speech. Just try to ruin reputations or de-platform contributors even those who are highly respected in their field.

So, how does this book rate? Yes, it is a minority viewpoint. Yes, it goes against the mainstream narrative. It is however, an academic work that is heavily referenced and highly sourced. Having said that, it is very readable. In short, the reader has to be prepared to read it and make up their own mind.

What then are the facts? The book points to the following:

- up to 26<sup>th</sup> August 2020, only 6% of deaths in the USA were solely due to Covid-19
- the remainder, 94%, had an average of 2.6 comorbidities or additional causes of death (eg., obesity, diabetes, heart disease)
- the overwhelming majority of Covid-19 victims in the USA (80%) have been elderly (65 years or older)
- The average person's chance of surviving an encounter with Covid-19 was 99.991%

What?

In essence, "the public health bottom line is that the SARS-CoV-2 is not so much a deadly plague in itself, but rather a viral trigger that aggravates and magnifies pre-existing chronic medical conditions, what pathologists call comorbidities" (p.10).

So how come the worldwide fear and panic with lockdowns, people working from home, schools and universities closed, jobs lost, careers ruined, livelihoods in tatters, businesses forced into bankruptcy or closure not to mention the severe impact on relationships, families and mental health issues?

As psychiatrist Dr Peter Breggin outlines, there's an entire school of public health research that focuses on identifying the most effective ways to frighten people into accepting the desired public health measures. "By adding confusion and uncertainty to the mix, you can bring an individual from fear to anxiety – a state of confusion in which you can no longer think logically – and in this state you are more easily manipulated" (p.50).

Whether the virus was apparently accidentally released or deliberately released from a laboratory in Wuhan, China, the argument is that this provided the vehicle for Big Pharma, Big Data, Big Tech, Big Media along with government technocrats and billionaire oligarchs as well as the WHO to stage manage a coup d'état providing both control and wealth in the first instance. In fact, it is true that only 10 weeks before the Covid outbreak actually occurred, a high-level exercise called "Event 201" was undertaken in Davos, Switzerland by a group of very wealthy and powerful people (including Bill Gates, the World Health Organisation and the World Economic Forum) which uncannily predicted in great detail what would happen if a pandemic like Covid were to occur.

Based on the fear factor, these groups as mentioned above sought to propose only one way out of this disease, namely, vaccines. Moreover, there has only been one type of vaccine (mRNA) and no access to the more traditional spike protein-based vaccines that have been around for decades.

What do we make of the fact that while on the one hand, governments and public health bureaucrats tell us the vaccines are "safe and effective" when reports of people dying as a result of the vaccines or suffering adverse effects (some permanently with strokes and the like) are censored or down-played? What do we make of the initial assertion that the vaccine will stop you getting the virus and stop you spreading the virus and yet most countries are now on their third shot and Israel is on its fourth jab and the vaccines may only be effective for up to 4 or 5 months? As some have said, "follow the money".

However, as the authors of this book point out in Chapter 6 ("Protecting Yourself from Covid-19"), there are numerous ways to both assist one's natural immune system as underscored by decades of research and discovery. Furthermore, for those who may actually get Covid, there is the Front-line Covid-19 Critical Care (FLCCC) group's MATH+ protocol which has saved thousands of individuals from severe symptoms and/or hospitalisation.

Beyond this pandemic however, the book poses a bigger question. Given that Klaus Schwab from the World Economic Forum has put forward that globally we need a "Great Reset" (eg., "Build Back Better"), are vaccine passports really leading towards permanent digital control and surveillance leading to economic and social control which limits personal liberty and freedom? As the exiled whistle-blower Edward Snowden has warned, "As authoritarianism spreads, as emergency laws proliferate... Do you truly believe that when the first wave, this second wave, the 16<sup>th</sup> wave of the coronavirus is a long-forgotten memory, that these capabilities will not be kept?" (p.153).

Is Covid now being used as a smoke-screen to transfer massive wealth as well as implement technocratic surveillance and control? Are the current measures about really protecting us or is the censorship and digital tracking really about greater government and corporate control over the population?

Irrespective, what is true is the alarming upsurge in authoritarian and totalitarian trends, including censorship, threats to privacy, restrictions on freedoms of movement as well as assembly, health and consumer choice, local and regional sovereignty and other basic human rights (p.2). While this

might have been called "conspiracy theory" a year ago, it is now conspiracy reality.

The book ends with a plea to ask what kind of community do we really want going forward? If what we want it to be about justice, tolerance, freedom, individual choice, privacy, freedom of speech, and so on, then the assertion is that we need to act and do something. As well as becoming "awake" to the global process of technological control and authoritarianism, the issue is about individuals asserting themselves to prevent themselves becoming "slaves" to a digital system where you are monitored and controlled 24/7.

Yes, a minority viewpoint. Yes, it's outside the mainstream media and what social media allows you to know, but food for thought? Definitely.

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